

# WOMEN'S SESSIONS

**August 2011**

All sessions Mondays 1-4pm unless otherwise stated.

**Space 2, 55 New King Street Bath BA1 2BN**

**1st August - Worries Group with tea and toast—come along and have a good natter , get things off your chest and make some new friends.**

**8th August - Action for Happiness—come along and start on your own Personal Happiness Pack.**

**15th August - Worries Group with tea and toast—come along and have a good natter , get things off your chest and make some new friends.**

**22nd August - Discovery Cards—bring ID (passport, birth cert, driving license) & proof of address in B&NES & we will get our free Discovery Cards from the Roman Baths to get free entry to many Bath attractions.**

**29th August - BANK HOLIDAY—NO SESSION.**