

## Monday



**WOMENS' SESSION:** 1-4pm. A safe place for women to come and explore hobbies and interests, meet new friends and learn new skills.



**FOOTBALL:** 6pm onwards, Percy Community Centre. All are welcome. Following the kick around, there is a chance to play in a league.

## Tuesday



**FIX A BIKE:** 10am-1pm, Bath Bike Workshop, 35 Corn Street, Bath. Come along and fix your bike or build your own at reCYCLED, the Julian House social enterprise, building and selling new and used bikes.



**EAR ACUPUNCTURE:** 2-3pm. A calming space to experience ear acupuncture, which can help relieve anxiety, insomnia and cravings and promote deep relaxation.

**HEALTH AND WELL BEING:** 2-4pm. Please see separate schedule for details of specific activities, including health checks, stop smoking, and sexual health advice.



## Wednesday



**50 STRONG:** 10am-12.30pm. If you are over 50 come and join this friendly group. Includes training/education opportunities and other social and creative activities.



**COMPUTER DROP-IN:** 2-4pm. A drop-in session for anyone wishing to access email, facebook, and other social networking accounts or do some research.



**ART:** 5-6pm, Holburne Museum. Get involved in various art activities.

## Thursday



**HOME SAFETY & MAINTENANCE SKILLS:** 10am-12noon. Share knowledge and learn about how to keep safe in your home.

**GOLF:** 1-3.30pm, The Approach Course at Victoria Park. You can just turn up on the day and have a game or give us a call for directions.



## Friday

**SPORTS ACTIVITIES:** 10am-12noon, meet at Space 2. We will then go to the Leisure Centre for a variety of sporting activities.

**COOKERY COURSE:** 12.30-2.30pm. Learn to cook on a budget and learn new cookery skills. All food prepared will be eaten at the end of the session!



**AUGUST 2011**

**All sessions run at Space 2, 55 New King St,  
Bath, BA1 2BN, unless otherwise stated.**

